

# ‘I Hope I Can Ease Some of Their Suffering’

## VFW member Dr. Jim Lynch is an expert in using a procedure called stellate ganglion block (SGB) to treat PTS

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Dr. Jim Lynch served for 31 years as a doctor in the Army. After retiring in 2021, he founded The Stellate Institute in Annapolis to treat post-traumatic stress (PTS).

Dr. Lynch is an expert in using a procedure called stellate ganglion block (SGB) to treat PTS. SGB has proven to be a life changing procedure for thousands of patients over the past 12+ years. The procedure is relatively simple but results in the vast majority of patients getting better. Although not yet approved by the FDA for PTS, Dr. Lynch has successfully treated patients in 48 states around the nation and in nine different countries.

“It’s extremely rewarding to help relieve others of their pain from PTS,” Dr. Lynch said. “I hope I can ease some of the suffering for those who feel lost.”

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